

ANCESTRAL ILLUMINATION



A Guided Journal *for* Black Tarot

NYASHA WILLIAMS



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A Guided Journal *for* Black Tarot

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RP STUDIO

PHILADELPHIA

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This journal belongs to:

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The Star

Introduction

ONE OF THE BEST WAYS to process, create, or work through things is by getting them down on paper. Whether it is a new book idea, shadow work that I need to address, or tracking experiences and thoughts throughout my spiritual journey, writing it all down is fundamental in allowing me to self-reflect, visualize ideas, and release heavy emotions. I partake in tarot and divination routinely, connecting with my Ancestors and spiritual guides for clarification, wisdom, and confirmation.

I am a transracial adoptee, adopted at two weeks old, who has reconnected with my biological family on my maternal side. This has made searching for my identity a pilgrimage, one in which I have often identified my passions as they've grown. As an African American, I have been disconnected from my Ancestors, and their traditions and spiritual practices, because of the transatlantic slave trade and slavery in America. Being adopted, I have been disconnected from my bloodline and have had to learn family histories through secondary and tertiary sources.

I've discovered some of the missing links to my identity through partaking in divination while recording my growth with the help of various tools. It has been a wholesome experience that has included building relationships, receiving guidance, and obtaining affirmation for my work on Earth by known and unknown Ancestors. My hope is that *Ancestral Illumination* aids in opening doors and pathways for you on your spiritual journey and helps with closing areas you need to release or move past.

May this journal provide comfort on your spiritual walk and encourage brave self-reflection toward your growth and evolution.

Much gratitude,

N. Williams

Engaging *in* Ancestral Work

ANCESTRAL MATHEMATICS

“In order to be born, you needed:

2 parents

4 grandparents

8 great-grandparents

16 second great-grandparents

32 third great-grandparents

64 fourth great-grandparents

128 fifth great-grandparents

256 sixth great-grandparents

512 seventh great-grandparents

1,024 eighth great-grandparents

2,048 ninth great-grandparents

For you to be born today from 12 previous generations,
you needed a total of 4,094 ancestors over the last 400 years.

Think for a moment—How many struggles? How many
battles? How many difficulties? How much sadness? How much
happiness? How many love stories? How many expressions of
hope for the future?—did your ancestors have to undergo
for you to exist in this present moment. . . .”

—*Author unknown*

WHEN YOU CHOOSE TO CONNECT with your Ancestors, you aren't "connecting" with them; you are *reconnecting* with them. You are your Ancestors. Your walk on Earth involves remembering all of them, realizing they are present within you, and understanding that you are a continuation of them. We have been stripped of this knowledge by capitalism, white supremacy, and colonization's facades and narratives around Indigenous spiritual practices and traditions. These structures harmed our identity; it is shameful for any people to demonize the revering of their Ancestors while blindly worshipping the heroes of others.

A major part of our healing involves realigning with our Ancestors and honoring the truth that we are a part of their masterpieces. They worked hard to assure that you are here and present today. Although pain and trauma travel through ancestral lineage, so too can abundance and healing; in healing ourselves, we heal our bloodlines.

Where to begin? While everyone's path looks different, here are some steps I recommend to help you reconnect with your Ancestors and spiritual guides.

1. **Research and visit spaces connected to your ancestry.**
2. **Speak to your Ancestors.** Let them know you are open to connecting (and why). Say, for example, "Ancestors and Spirit Guides known and unknown, who want the best for me in my family . . ."
3. **Spend time with family and recover stories.** Create albums and documentation of anything you want to pass down the family line.
4. **Build an ancestral altar.** Create a sacred space, and make a regular practice of visiting. Pictures and heirlooms are a great place to start, but, understanding that you might not have any of those items, use objects based on your intuition about what would please them.
5. **Use divination tools.** Remember to clear any tool's energy before use; energetic cleansing can be done by using smoke, the sun, the moon, water, and visualization, to name a few.

And last but surely not least, track all your hard work. Keep journaling.
Happy divining.



Rituals *for* the Moon Phases

RITUALS FOR THE NEW MOON

- ✦ Set goals and intentions.
- ✦ Start new projects and develop new ideas.
- ✦ Manifest (relay your desires, hopes, goals, and dreams to the universe).
- ✦ Cleanse your (mental and physical) space.

RITUALS FOR THE WAXING MOON (Crescent, First Quarter, Gibbous)

- ✦ Plan and prepare (waxing crescent).
- ✦ Take action toward your intentions (first quarter).
- ✦ Fine-tune and reevaluate plans and intentions (waxing gibbous).

RITUALS FOR THE FULL MOON

- ✦ Take a spiritual bath.
- ✦ Cleanse your (mental and physical) space.
- ✦ Charge your spiritual tools.
- ✦ Meditate.
- ✦ Dance.

RITUALS FOR THE WANING MOON (Gibbous, Third Quarter, Crescent)

- ✦ Practice gratitude (waning gibbous).
- ✦ Release anything you have outgrown (third quarter).
- ✦ Reflect and rest after all your hard work (waning crescent).

Questions *to* Meditate On

QUESTIONS TO ASK YOURSELF TO BEGIN THE MONTH

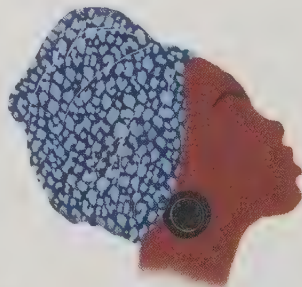
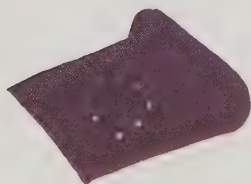
- ✦ What am I stepping into this month?
- ✦ What should I do more of this month?
- ✦ What should I do less of this month?
- ✦ Where do I need more structure in my life?
- ✦ What unhealthy habits do I need to break?

QUESTIONS TO ASK YOURSELF WEEK TWO

- ✦ Where can I find creative inspiration?
- ✦ Where in my life am I invited to liberate more fully?
- ✦ What is trying to come forward in my life?
- ✦ Which venture should I focus my attention on?
- ✦ What will allow me to make the best possible decision?

QUESTIONS TO ASK YOURSELF WEEK THREE

- ✦ What is something I could do right now that would bring me peace?
- ✦ Where is love in my life?
- ✦ How can I add happiness to my life?
- ✦ Where do I need to be kinder to myself?
- ✦ Where do I need to be kinder to others?

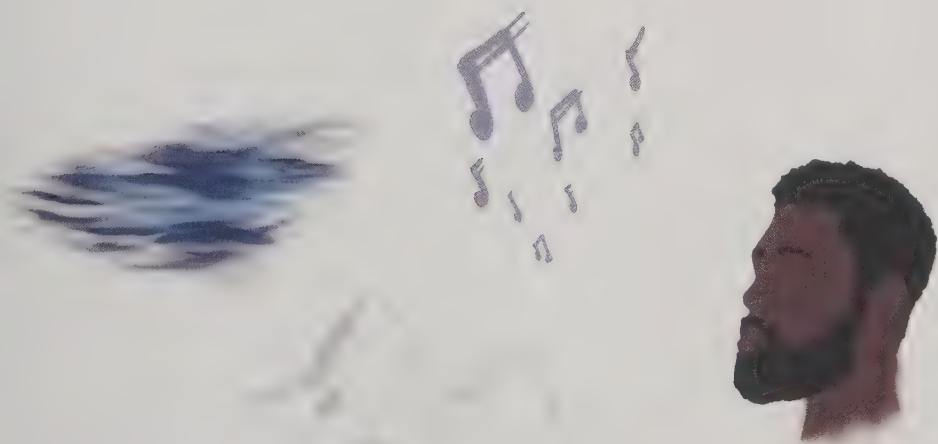


QUESTIONS TO ASK YOURSELF WEEK FOUR

- ♦ What should I look out for?
- ♦ What am I ignoring or not seeing?
- ♦ What am I in denial about?
- ♦ Where am I restricting myself?
- ♦ How can I balance my emotions?

QUESTIONS TO ASK YOURSELF LOOKING BACK AT THE MONTH

- ♦ What is something wonderful about the world?
- ♦ What will help me restore my hope in the future?
- ♦ What mistakes do I need to forgive myself for?
- ♦ What is something for which I deserve acknowledgment?
- ♦ Where does my potential lie?



Tarot Reading Example

Name of deck used in reading

Name of chosen spread

DECK USED

SPREAD TITLE

DATE

S M T W T F S

MOON PHASE

Chosen tarot prompt

QUESTION

ANSWER IN A READING: ☐ **YES** ☐ **NO** ☐ **MAYBE**

CARD(S) PULLED

Stickers or drawings of the card(s) pulled

CARD(S) MEANING

Air, fire, water, earth

ELEMENT(S)

SUIT(S)

NUMBER(S)

COLOR(S)

SYMBOLISM

INTUITIVE INTERPRETATION

Record your inner wisdom and knowledge after

reflecting on the pulled card(s).

KEYWORDS AND MESSAGES

Take note of words that come to mind, and add to your

interpretation of the reading using the tarot cheat sheets and or tarot guidebook.

STEPS AFTER READING

Take note of what needs to happen next. What wisdom or

guidance did you receive that you need to put into action?

Moments of Gratitude

List three things you are grateful for at this present moment.

Month 1

Tarot Reading

DECK USED

SPREAD TITLE

DATE

S M T W T F S

MOON PHASE

QUESTION

ANSWER IN A READING: ☐ YES ☐ NO ☐ MAYBE

CARD(S) PULLED

CARD(S) MEANING

SUIT(S)

ELEMENT(S)

NUMBER(S)

COLOR(S)

SYMBOLISM

INTUITIVE INTERPRETATION

KEYWORDS AND MESSAGES

STEPS AFTER READING

Moments of Gratitude

Tarot Reading

DECK USED

SPREAD TITLE

DATE

S M T W T F S

MOON PHASE

QUESTION

ANSWER IN A READING: ☐ YES ☐ NO ☐ MAYBE

CARD(S) PULLED

CARD(S) MEANING

SUIT(S)

ELEMENT(S)

NUMBER(S)

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MOON PHASE

QUESTION

ANSWER IN A READING: ☐ YES ☐ NO ☐ MAYBE

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CARD(S) MEANING

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MOON PHASE

QUESTION

ANSWER IN A READING: ☐ YES ☐ NO ☐ MAYBE

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CARD(S) MEANING

SUIT(S)

ELEMENT(S)

NUMBER(S)

COLOR(S)

SYMBOLISM

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KEYWORDS AND MESSAGES

STEPS AFTER READING

Moments of Gratitude

Monthly Tarot Reading Reflection

DATE

MOON PHASE

MOST COMMON CARDS PULLED

RECURRING NUMBERS, IMAGERY, AND SYMBOLISM

MOST COMMON SUITS

MAJOR ARCANA THEMES

FAMILY COURT CARD THEMES

MINOR ARCANA THEMES

INTROSPECTION

ACTION STEPS

The background is a solid orange color with a fine, woven texture. In the center, there is a white rectangular tag with rounded corners. A small orange loop is attached to the top center of the tag.

Month 2

Tarot Reading



DECK USED

SPREAD TITLE

DATE

S M T W T F S

MOON PHASE

QUESTION

ANSWER IN A READING: ☐ YES ☐ NO ☐ MAYBE

CARD(S) PULLED

CARD(S) MEANING

SUIT(S)

ELEMENT(S)

NUMBER(S)

COLOR(S)

SYMBOLISM

INTUITIVE INTERPRETATION

KEYWORDS AND MESSAGES

STEPS AFTER READING

Moments of Gratitude

Tarot Reading

DECK USED

SPREAD TITLE

DATE

S M T W T F S

MOON PHASE

QUESTION

ANSWER IN A READING: ☐ YES ☐ NO ☐ MAYBE

CARD(S) PULLED

CARD(S) MEANING

SUIT(S)

ELEMENT(S)

NUMBER(S)

COLOR(S)

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Moments of Gratitude

Tarot Reading

DECK USED

SPREAD TITLE

DATE

S M T W T F S

MOON PHASE

QUESTION

ANSWER IN A READING: ☐ YES ☐ NO ☐ MAYBE

CARD(S) PULLED

CARD(S) MEANING

SUIT(S)

ELEMENT(S)

NUMBER(S)

COLOR(S)

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STEPS AFTER READING

Moments of Gratitude

Tarot Reading



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MOON PHASE

QUESTION

ANSWER IN A READING: ☐ YES ☐ NO ☐ MAYBE

CARD(S) PULLED

CARD(S) MEANING

SUIT(S)

ELEMENT(S)

NUMBER(S)

COLOR(S)

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KEYWORDS AND MESSAGES

STEPS AFTER READING

Moments of Gratitude

Monthly Tarot Reading Reflection

DATE

MOON PHASE

MOST COMMON CARDS PULLED

RECURRING NUMBERS, IMAGERY, AND SYMBOLISM

MOST COMMON SUITS

MAJOR ARCANA THEMES

FAMILY COURT CARD THEMES

MINOR ARCANA THEMES

INTROSPECTION

ACTION STEPS

Month 3

Tarot Reading

DECK USED

SPREAD TITLE

DATE

S M T W T F S

MOON PHASE

QUESTION

ANSWER IN A READING: ☐ YES ☐ NO ☐ MAYBE

CARD(S) PULLED

CARD(S) MEANING

SUIT(S)

ELEMENT(S)

NUMBER(S)

COLOR(S)

SYMBOLISM

INTUITIVE INTERPRETATION

KEYWORDS AND MESSAGES

STEPS AFTER READING

Moments of Gratitude

Tarot Reading

DECK USED

SPREAD TITLE

DATE

S M T W T F S

MOON PHASE

QUESTION

ANSWER IN A READING: ☐ YES ☐ NO ☐ MAYBE

CARD(S) PULLED

CARD(S) MEANING

SUIT(S)

ELEMENT(S)

NUMBER(S)

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MOON PHASE

QUESTION

ANSWER IN A READING: ☐ YES ☐ NO ☐ MAYBE

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CARD(S) MEANING

SUIT(S)

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MOON PHASE

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ANSWER IN A READING: ☐ YES ☐ NO ☐ MAYBE

CARD(S) PULLED

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STEPS AFTER READING

Moments of Gratitude

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Monthly Tarot Reading Reflection

DATE

MOON PHASE

MOST COMMON CARDS PULLED

RECURRING NUMBERS, IMAGERY, AND SYMBOLISM

MOST COMMON SUITS

MAJOR ARCANA THEMES

FAMILY COURT CARD THEMES

MINOR ARCANA THEMES

INTROSPECTION

ACTION STEPS

Month 4

Tarot Reading

DECK USED

SPREAD TITLE

DATE

S M T W T F S

MOON PHASE

QUESTION

ANSWER IN A READING: ☐ YES ☐ NO ☐ MAYBE

CARD(S) PULLED

CARD(S) MEANING

SUIT(S)

ELEMENT(S)

NUMBER(S)

COLOR(S)

SYMBOLISM

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KEYWORDS AND MESSAGES

STEPS AFTER READING

Moments of Gratitude

Tarot Reading

DECK USED

SPREAD TITLE

DATE

S M T W T F S

MOON PHASE

QUESTION

ANSWER IN A READING: ☐ YES ☐ NO ☐ MAYBE

CARD(S) PULLED

CARD(S) MEANING

SUIT(S)

ELEMENT(S)

NUMBER(S)

COLOR(S)

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QUESTION

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CARD(S) PULLED

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RECURRING NUMBERS, IMAGERY, AND SYMBOLISM

MOST COMMON SUITS

MAJOR ARCANA THEMES

FAMILY COURT CARD THEMES

MINOR ARCANA THEMES

INTROSPECTION

ACTION STEPS

Month 5

Tarot Reading

DECK USED

SPREAD TITLE

DATE

S M T W T F S

MOON PHASE

QUESTION

ANSWER IN A READING: ☐ YES ☐ NO ☐ MAYBE

CARD(S) PULLED

CARD(S) MEANING

SUIT(S)

ELEMENT(S)

NUMBER(S)

COLOR(S)

SYMBOLISM

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KEYWORDS AND MESSAGES

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Moments of Gratitude

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MOON PHASE

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ANSWER IN A READING: ☐ YES ☐ NO ☐ MAYBE

CARD(S) PULLED

CARD(S) MEANING

SUIT(S)

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Monthly Tarot Reading Reflection

DATE

MOON PHASE

MOST COMMON CARDS PULLED

RECURRING NUMBERS, IMAGERY, AND SYMBOLISM

MOST COMMON SUITS

MAJOR ARCANA THEMES

FAMILY COURT CARD THEMES

MINOR ARCANA THEMES

INTROSPECTION

ACTION STEPS

The background is a solid orange color with a fine, woven texture. In the center, there is a white rectangular label with rounded corners. A small, semi-circular orange tab is attached to the top edge of the label.

Month 6

Tarot Reading

DECK USED

SPREAD TITLE

DATE

S M T W T F S

MOON PHASE

QUESTION

ANSWER IN A READING: ☐ YES ☐ NO ☐ MAYBE

CARD(S) PULLED

CARD(S) MEANING

SUIT(S)

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QUESTION

ANSWER IN A READING: ☐ YES ☐ NO ☐ MAYBE

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CARD(S) MEANING

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MOST COMMON CARDS PULLED

RECURRING NUMBERS, IMAGERY, AND SYMBOLISM

MOST COMMON SUITS _____

MAJOR ARCANA THEMES _____

FAMILY COURT CARD THEMES _____

MINOR ARCANA THEMES _____

INTROSPECTION _____

ACTION STEPS _____

Month 7

Tarot Reading



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SPREAD TITLE

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S M T W T F S

MOON PHASE

QUESTION

ANSWER IN A READING: ☐ YES ☐ NO ☐ MAYBE

CARD(S) PULLED

CARD(S) MEANING

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INTROSPECTION

ACTION STEPS

Month 8

Tarot Reading

DECK USED

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S M T W T F S

MOON PHASE

QUESTION

ANSWER IN A READING: ☐ YES ☐ NO ☐ MAYBE

CARD(S) PULLED

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COLOR(S)

SYMBOLISM

INTUITIVE INTERPRETATION

KEYWORDS AND MESSAGES

STEPS AFTER READING

Moments of Gratitude

Monthly Tarot Reading Reflection

DATE

MOON PHASE

MOST COMMON CARDS PULLED

RECURRING NUMBERS, IMAGERY, AND SYMBOLISM

MOST COMMON SUITS

MAJOR ARCANA THEMES

FAMILY COURT CARD THEMES

MINOR ARCANA THEMES

INTROSPECTION

ACTION STEPS

The background is a solid orange color with a fine, woven texture. In the center, there is a white, rectangular label with rounded corners. A small, circular orange hole is punched through the top center of the label.

Month 9

Tarot Reading

—

DECK USED

SPREAD TITLE

DATE

S M T W T F S

MOON PHASE

QUESTION

ANSWER IN A READING: ☐ YES ☐ NO ☐ MAYBE

CARD(S) PULLED

CARD(S) MEANING

SUIT(S)

ELEMENT(S)

NUMBER(S)

COLOR(S)

SYMBOLISM

INTUITIVE INTERPRETATION

KEYWORDS AND MESSAGES

STEPS AFTER READING

Moments of Gratitude

Tarot Reading

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DATE

S M T W T F S

MOON PHASE

QUESTION

ANSWER IN A READING: ☐ YES ☐ NO ☐ MAYBE

CARD(S) PULLED

CARD(S) MEANING

SUIT(S)

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Tarot Reading

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ANSWER IN A READING: ☐ YES ☐ NO ☐ MAYBE

CARD(S) PULLED

CARD(S) MEANING

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STEPS AFTER READING

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Tarot Reading



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MOON PHASE

QUESTION

ANSWER IN A READING: ☐ YES ☐ NO ☐ MAYBE

CARD(S) PULLED

CARD(S) MEANING

SUIT(S)

ELEMENT(S)

NUMBER(S)

COLOR(S)

SYMBOLISM

INTUITIVE INTERPRETATION _____

KEYWORDS AND MESSAGES _____

STEPS AFTER READING _____

Moments of Gratitude

THE JOURNAL OF

Monthly Tarot Reading Reflection

DATE

MOON PHASE

MOST COMMON CARDS PULLED

RECURRING NUMBERS, IMAGERY, AND SYMBOLISM

MOST COMMON SUITS _____

MAJOR ARCANA THEMES _____

FAMILY COURT CARD THEMES _____

MINOR ARCANA THEMES _____

INTROSPECTION _____

ACTION STEPS _____

Month 10

Tarot Reading



DECK USED

SPREAD TITLE

DATE

S M T W T F S

MOON PHASE

QUESTION

ANSWER IN A READING: ☐ YES ☐ NO ☐ MAYBE

CARD(S) PULLED

CARD(S) MEANING

SUIT(S)

ELEMENT(S)

NUMBER(S)

COLOR(S)

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INTUITIVE INTERPRETATION

KEYWORDS AND MESSAGES

STEPS AFTER READING

Moments of Gratitude

Tarot Reading

DECK USED

SPREAD TITLE

DATE

S M T W T F S

MOON PHASE

QUESTION

ANSWER IN A READING: ☐ YES ☐ NO ☐ MAYBE

CARD(S) PULLED

CARD(S) MEANING

SUIT(S)

ELEMENT(S)

NUMBER(S)

COLOR(S)

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INTUITIVE INTERPRETATION

KEYWORDS AND MESSAGES

STEPS AFTER READING

Moments of Gratitude

Tarot Reading

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MOON PHASE

QUESTION

ANSWER IN A READING: ☐ YES ☐ NO ☐ MAYBE

CARD(S) PULLED

CARD(S) MEANING

SUIT(S)

ELEMENT(S)

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KEYWORDS AND MESSAGES

STEPS AFTER READING

Moments of Gratitude

Tarot Reading

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MOON PHASE

QUESTION

ANSWER IN A READING: ☐ YES ☐ NO ☐ MAYBE

CARD(S) PULLED

CARD(S) MEANING

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KEYWORDS AND MESSAGES

STEPS AFTER READING

Moments of Gratitude

Monthly Tarot Reading Reflection

DATE

MOON PHASE

MOST COMMON CARDS PULLED

RECURRING NUMBERS, IMAGERY, AND SYMBOLISM

MOST COMMON SUITS

MAJOR ARCANA THEMES

FAMILY COURT CARD THEMES

MINOR ARCANA THEMES

INTROSPECTION

ACTION STEPS

The background is a solid orange color with a fine, woven texture. In the center, there is a white rectangular label with rounded corners and a small circular hole at the top center, resembling a binder ring. The text "Month 11" is printed in a bold, dark blue serif font on the label.

Month 11

Tarot Reading

DECK USED

SPREAD TITLE

DATE

S M T W T F S

MOON PHASE

QUESTION

ANSWER IN A READING: ☐ YES ☐ NO ☐ MAYBE

CARD(S) PULLED

CARD(S) MEANING

SUIT(S)

ELEMENT(S)

NUMBER(S)

COLOR(S)

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KEYWORDS AND MESSAGES

STEPS AFTER READING

Moments of Gratitude

Tarot Reading

DECK USED

SPREAD TITLE

DATE

S M T W T F S

MOON PHASE

QUESTION

ANSWER IN A READING: ☐ YES ☐ NO ☐ MAYBE

CARD(S) PULLED

CARD(S) MEANING

SUIT(S)

ELEMENT(S)

NUMBER(S)

COLOR(S)

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Tarot Reading



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MOON PHASE

QUESTION

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CARD(S) PULLED

CARD(S) MEANING

SUIT(S)

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CARD(S) PULLED

CARD(S) MEANING

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Monthly Tarot Reading Reflection

DATE

MOON PHASE

MOST COMMON CARDS PULLED

RECURRING NUMBERS, IMAGERY, AND SYMBOLISM

MOST COMMON SUITS

MAJOR ARCANAS THEMES

FAMILY COURT CARD THEMES

MINOR ARCANAS THEMES

INTROSPECTION

ACTION STEPS

The image features a solid orange background with a fine, woven texture. In the center, a white rectangular label with rounded corners is pinned to the surface by a red pushpin. The pushpin is positioned at the top center of the label, with its head visible. The label contains the text "Month 12" in a bold, dark blue, serif typeface.

Month 12

Tarot Reading

DECK USED

SPREAD TITLE

DATE

S M T W T F S

MOON PHASE

QUESTION

ANSWER IN A READING: ☐ YES ☐ NO ☐ MAYBE

CARD(S) PULLED

CARD(S) MEANING

SUIT(S)

ELEMENT(S)

NUMBER(S)

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STEPS AFTER READING

Moments of Gratitude

Tarot Reading



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SPREAD TITLE

DATE

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MOON PHASE

QUESTION

ANSWER IN A READING: ☐ YES ☐ NO ☐ MAYBE

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CARD(S) MEANING

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FAMILY COURT CARD THEMES

MINOR ARCANA THEMES

INTROSPECTION

ACTION STEPS



The Fool

Tarot

Keywords

MAJOR ARCANA

The Fool (0)

Upright: Possibilities

Reversed: Recklessness

Element: Air

Planet: Uranus

Chakra: Crown

Color: White

Crystal: Clear Quartz

Body Parts/Functions: Ankles,
Calves, Nervous System, Eyes

The Magician (1)

Upright: Willpower

Reversed: Poor Planning

Element: Air

Planet: Mercury

Chakras: Solar Plexus, Throat

Colors: Blue, Yellow

Crystals: Aquamarine, Citrine

Body Parts/Functions: Hands, Arms,
Lungs, Intestine

The High Priestess (2)

Upright: Instinct

Reversed: Self-Doubt

Element: Water

Planet: Moon

Chakras: Third Eye, Sacral

Colors: Indigo, Orange

Crystals: Lapis Lazuli, Moonstone

Body Parts/Functions: Digestive
System, Breasts, Uterus, Pancreas

The Empress (3)

Upright: Creation

Reversed: Creative Block

Element: Water

Planet: Venus

Chakras: Heart, Sacral

Colors: Green, Pink, Turquoise

Crystals: Rose Quartz, Emerald

Body Parts/Functions: Neck, Throat,
Lips, Cervix

The Emperor (4)

Upright: Ambition

Reversed: Dictator

Element: Fire

Planet: Mars

Chakras: Solar Plexus, Root

Colors: Red, Orange, Yellow

Crystals: Fire Agate, Hematite, Red
Jasper, Garnet

Body Parts/Functions: Blood, Bile,
Muscle, Head, Brain, Face

The Hierophant (5)

Upright: Tradition

Reversed: Personal Beliefs

Element: Earth

Planet: Venus

Chakras: Throat

Colors: Blue, Green, Brown

Crystals: Sapphire, Jade, Emerald

Body Parts/Functions: Neck, Throat,
Ears, Vocal Cords, Tonsils

The Lovers (6)

Upright: Connection

Reversed: Disharmony

Element: Air

Planet: Mercury

Chakra: Heart

Colors: Green, Pink, Yellow, White

Crystals: Rose Quartz, Jade,
Malachite

Body Parts/Functions: Arms,
Shoulders, Ribs, Lungs,
Nervous System

The Chariot (7)

Upright: Movement

Reversed: Opposition

Element: Water

Planet: Moon

Chakra: Solar Plexus

Colors: Yellow, White, Red

Crystals: Citrine, Ruby, Pearl

Body Parts/Functions: Chest,
Stomach, Liver, Pancreas,
Gallbladder

Strength (8)

Upright: Endurance

Reversed: Low Energy

Element: Fire

Planet: Sun

Chakra: Heart

Colors: Gold, Yellow, Red

Crystals: Ruby, Tiger's Eye

Body Parts/Functions: Heart, Spinal
Cord, Back, Spleen

The Hermit (9)

Upright: Solitude

Reversed: Isolation

Element: Earth

Planet: Mercury

Chakra: Third Eye

Colors: Purple, Indigo

Crystals: Carnelian, Amethyst,
Peridot

Body Parts/Functions: Abdomen,
Reproductive System

Wheel of Fortune (10)

Upright: Destiny

Reversed: Stagnant

Elements: Fire, Water

Planet: Jupiter

Chakra: Throat

Colors: Blue, Orange, Yellow,
Brown, Gold

Crystals: Sapphire, Amethyst, Topaz

Body Parts/Functions: Feet, Hips

Justice (11)

Upright: Balance

Reversed: Unfairness

Element: Air

Planet: Venus

Chakra: Heart

Colors: Green, Copper

Crystals: Emerald, Green
Tourmaline, Opal

Body Parts/Functions: Kidneys,
Genitals

The Hanged Man (12)

Upright: Surrender

Reversed: Delays

Element: Water

Planet: Neptune

Chakra: Crown

Colors: White, Violet, Blue, Silver

Crystals: Amethyst, Coral,
Aquamarine

Body Parts/Functions:
Sleep, Hydration

Death (13)

Upright: Metamorphosis

Reversed: Resistance

Element: Water

Planet: Pluto

Chakra: Third Eye

Colors: Brown, Black, Grey, Purple

Crystals: Tiger's Eye, Garnet,
Diamond

Body Parts/Functions: Sex Drive,
Reproductive System, Blood

Temperance (14)

Upright: Moderation

Reversed: Excess

Element: Fire

Planet: Jupiter

Chakra: Heart

Colors: Red, Crimson, Gold, Indigo

Crystals: Sapphire, Topaz, Diamond

Body Parts/Functions: Liver, Hips,
Pelvis, Gallbladder

The Devil (15)

Upright: Bondage

Reversed: Detachment

Element: Earth

Planet: Saturn

Chakra: Root

Colors: Grey, Dark Brown, Black

Crystals: Malachite, Black Onyx,
Jet, Obsidian

Body Parts/Functions: Skeleton,
Skin, Genitals

The Tower (16)

Upright: Disruption

Reversed: Blocked

Element: Fire

Planet: Mars

Chakras: Root, Solar Plexus

Color: Red

Crystals: Ruby, Garnet, Bloodstone,
Red Jasper

Body Parts/Functions: Blood,
Muscles, Adrenal Glands

The Star (17)

Upright: Hope

Reversed: Despair

Element: Air

Planet: Uranus

Chakra: Crown

Colors: Blue, Yellow, Purple

Crystals: Onyx, Topaz, Sapphire

Body Parts/Functions: Calves,
Ankles, Circulatory System

The Moon (18)

Upright: Delusion

Reversed: Released

Element: Water

Planet/Constellation: Pisces

Chakra: Third Eye

Colors: Purple, Crimson

Crystals: Pearl, Sapphire, Emerald

Body Parts/Functions: Pineal Gland,

Lymphatic System, Bodily
Fluids, Feet

The Sun (19)

Upright: Success

Reversed: Sadness

Element: Fire

Planet/Star: Sun

Chakra: Solar Plexus

Colors: Yellow, Gold

Crystals: Citrine, Yellow
Calcite, Pyrite

Body Parts/Functions: Vitality

Judgment (20)

Upright: Awakening

Reversed: Inner Critic

Element: Fire

Planet: Pluto

Chakra: Crown

Colors: Black, White, Scarlet, Orange

Crystals: Kyanite, Moldavite,
Labradorite, Obsidian

Body Parts/Functions: Excretory
Systems

The World (21)

Upright: Completion

Reversed: Delay Success

Element: Earth

Planet: Saturn

Chakra: Root

Colors: Black, Grey, Brown

Crystals: Hematite, Black

Tourmaline, Smoky Quartz

Body Part/Function: Physical Aging

MINOR ARCANA

The Suit of Wands

Fire + Creativity

Aries—Leo—Sagittarius

Ace of Wands

Upright: Inspiration

Reversed: Boredom

Two of Wands

Upright: Contemplation

Reversed: Fear of Change

Three of Wands

Upright: Optimism with a Mission

Reversed: Obstacles

Four of Wands

Upright: Happy Home Life

Reversed: Home Conflicts

Five of Wands

Upright: Conflict

Reversed: Respecting Differences

Six of Wands

Upright: Recognition

Reversed: Excess Pride

Seven of Wands

Upright: Standing Your Ground

Reversed: Giving Up

Eight of Wands

Upright: Quick Developments

Reversed: Slowing Down

Nine of Wands

Upright: Resilience

Reversed: Fatigue

Ten of Wands

Upright: Burden

Reversed: Unwilling to Delegate

Page of Wands (Son)

Upright: Daring

Reversed: Impulsivity

Knight of Wands (Daughter)

Upright: Enthusiasm

Reversed: Lack of Direction

King of Wands (Father)

Upright: Creation

Reversed: Impossible Expectations

Queen of Wands (Mother)

Upright: Vibrancy

Reversed: Insecurity

The Suit of Cups (Baskets)

Water + Emotions

Cancer—Scorpio—Pisces

Ace of Cups

Upright: Emotional Growth

Reversed: Emptiness

Two of Cups

Upright: Love

Reversed: Tension

Three of Cups

Upright: Friendship

Reversed: Overindulgence

Four of Cups

Upright: Apathy

Reversed: Acceptance

Five of Cups

Upright: Loss

Reversed: Finding Peace

Six of Cups

Upright: Inner Child

Reversed: Independence

Seven of Cups

Upright: Searching for Purpose

Reversed: Diversion

Eight of Cups

Upright: Moving On

Reversed: Avoidance

Nine of Cups

Upright: Fulfillment

Reversed: Smugness

Ten of Cups

Upright: Inner Peace

Reversed: Shattered Dreams

Page of Cups (Son)

Upright: Naivete

Reversed: Emotional Immaturity

Knight of Cups (Daughter)

Upright: Romance

Reversed: Fantasy

King of Cups (Father)

Upright: Emotional Self-Control

Reversed: Emotional Manipulation

Queen of Cups (Mother)

Upright: Nurturing

Reversed: Martyrdom

The Suit of Swords (Knives)

Air + Mind

Gemini—Libra—Aquarius

Ace of Swords

Upright: New Focus

Reversed: Chaos

Two of Swords

Upright: Decisions

Reversed: Lesser of Two Evils

Three of Swords

Upright: Pain

Reversed: Recovery

Four of Swords

Upright: Rest

Reversed: Burnout

Five of Swords

Upright: Unbridled Ambition

Reversed: Relief

Six of Swords

Upright: Transition

Reversed: Unresolved Issues

Seven of Swords

Upright: Deception

Reversed: Coming Clean

Eight of Swords

Upright: Isolation

Reversed: New Perspective

Nine of Swords

Upright: Trauma

Reversed: Getting Help

Ten of Swords

Upright: Backstabbing

Reversed: Only Upward

Page of Swords (Son)

Upright: Enthusiasm

Reversed: Manipulation

Knight of Swords (Daughter)

Upright: Passionate

Reversed: Unpredictability

King of Swords (Father)

Upright: Truth

Reversed: Cruel

Queen of Swords (Mother)

Upright: Astute

Reversed: Bitter

The Suit of Pentacles (Coins)

Earth + Material

Taurus—Virgo—Capricorn

Ace of Pentacles

Upright: New Venture

Reversed: Missed Opportunity

Two of Pentacles

Upright: Making Ends Meet

Reversed: Disorganized

Three of Pentacles

Upright: Working in Collaboration

Reversed: Group Conflict

Four of Pentacles

Upright: Budgeting

Reversed: Greediness

Five of Pentacles

Upright: Poverty

Reversed: Recovery

Six of Pentacles

Upright: Giving

Reversed: Strings Attached

Seven of Pentacles

Upright: Investments

Reversed: Work Without Results

Eight of Pentacles

Upright: Discipline

Reversed: Lack of Motivation

Nine of Pentacles

Upright: Refinement

Reversed: Living Beyond Means

Ten of Pentacles

Upright: Satisfaction

Reversed: Fleeting Success

Page of Pentacles (Son)

Upright: Sensuousness

Reversed: Laziness

Knight of Pentacles (Daughter)

Upright: Caution

Reversed: Obsessiveness

King of Pentacles (Father)

Upright: Responsibility

Reversed: Greed

Queen of Pentacles (Mother)

Upright: Creativity and Abundance

Reversed: Smothering



Mother of coins

Tarot Birth Card *in* the Major Arcana



Aries (Ram): March 21–April 19: The Emperor



Taurus (Bull): April 20–May 20: The Hierophant



Gemini (Twins): May 21–June 21: The Lovers



Cancer (Crab): June 22–July 22: The Chariot



Leo (Lion): July 23–August 22: Strength



Virgo (Virgin): August 23–September 22: The Hermit



Libra (Balance): September 23–October 23: Justice



Scorpio (Scorpion): October 24–November 21: Death



Sagittarius (Archer): November 22–December 21: Temperance



Capricorn (Goat): December 22–January 19: The Devil



Aquarius (Water Bearer): January 20–February 18: The Star



Pisces (Fish): February 19–March 20: The Moon

Numerology *in* Divination

One (Ace): Beginnings, Power Unity, Creation

Two: Balance, Duality, Partnership, Choice

Three: Creativity, Outcomes, Self-Expression

Four: Structure, Foundations, Hard Work, Material Achievement

Five: Freedom, Change, Challenge, Uncertainty

Six: Harmony, Love, Integration, Relationships

Seven: Tests, Metaphysics, Contemplation, Spirituality, Withdrawal

Eight: Abundance, Prosperity, Authority, Navigation, Manifestation

Nine: Conclusions, Completion, Achievement, Compassion

Ten: Beginnings and Endings, Infinity, Eternity, Cycles



A series of horizontal lines for writing, spanning the width of the page. There are 20 lines in total, evenly spaced, starting from the top margin and ending near the bottom margin.



A series of horizontal lines for writing, spanning the width of the page.



A series of horizontal lines for writing, organized into four groups of five lines each, separated by small gaps. The lines are evenly spaced and extend across the width of the page.



A series of horizontal lines for writing, spanning the width of the page. There are 20 lines in total, evenly spaced, providing a template for text entry.

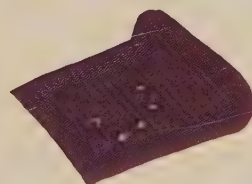
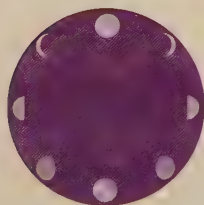
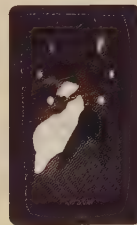
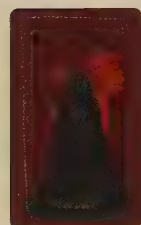
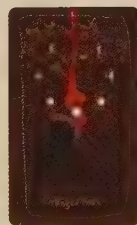
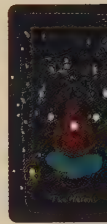


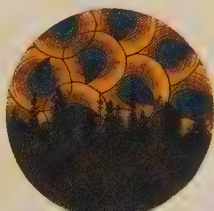
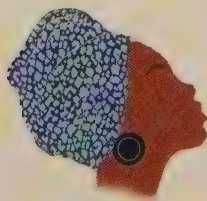
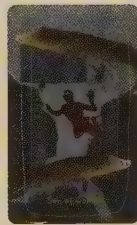
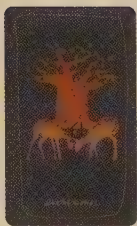
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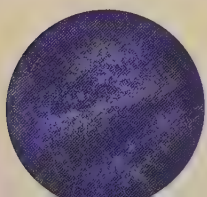
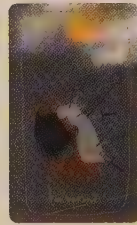
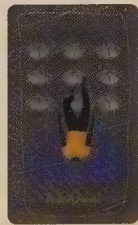
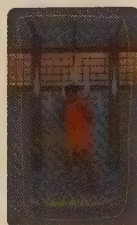
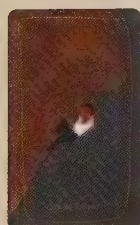
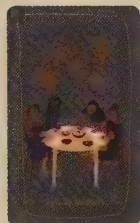
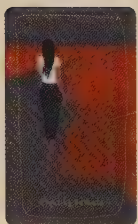
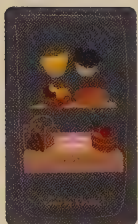
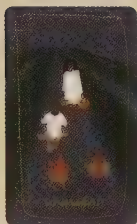


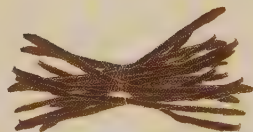
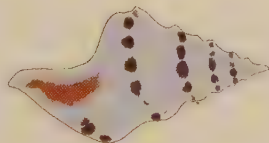
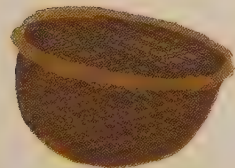
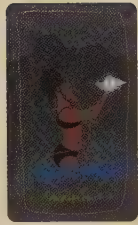
A series of horizontal lines for writing, spanning the width of the page. The lines are evenly spaced and extend across the entire width of the page, providing a template for handwriting practice.













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